Office Locations

Main Office

Ernest Marks & Arn Greene Resource Centre

75 Richmond St. West Oshawa, ON L1G 1E3

905-579-8482

905-435-0352 (Fax)

Ajax Resource Centre 136 Commercial Ave.

Ajax, ON L1S 2H2 905-427-8165

905-427-3701 (Fax)

Whitby Resource Centre 107 Colborne St. West

Whitby, ON L

905-666-8847

905-666-9293 (Fax)

Clarington Community Resource Centre

132 Church St.

Bowmanville, ON L1C 1T5

905-623-6814 905-623-0221 (Fax)

Residences:

Oshawa 905-434-5388

905-434-2623 (Fax)

Whitby 905-668-4614

905-668-0009 (Fax)



John Howard Society of Durham Region

What is the John Howard Society?

The John Howard Society of Canada is a federation of provincial/territorial and local Societies comprised of people whose goal is to understand and respond to problems of crime, to work with people who have come into conflict with the law, to review, evaluate and advocate for changes in the criminal justice process and to engage in public education on matters involving criminal law and its application.

JHS Offices can be found in each of the ten provinces, in the Northwest Territories and in Nunavut. Across Canada, there are 78 John Howard Society offices providing 451 programs serving clients, clients' families and the public at large.

The <u>John Howard Society of Durham Region</u> is a nonprofit agency that began as a group of citizens concerned about their local community in 1962. Today, as one of seventeen affiliate branches in Ontario, it has grown and evolved with Durham to become a onestop, multi-service organization. We're dedicated to providing individuals and families with programs and services to address the general aspects of family and individual relationships, employment, education, housing, and crime prevention.

Most of our services are free and referrals come from every element of the of the community; other agencies, employers, physicians, psychiatrists, hospitals, police services, lawyers, courts, family and friends or the individuals themselves.

Wish List

The work of the JHS continues due the support of the community and our funders who recognize the agency as a means to maintain a high quality of life for Durham residents. However, to assist our clients we need to draw upon many resources. If you can help with the following wish-list items, we can provide a charitable tax-receipt for your generosity, and you can take great pride in knowing that donation is working in your local community.

- Pentium class computers
- Computer monitors
- · Lockable file cabinets
- Office space in Pickering
- · Office space in Uxbridge

Make A Donation

If you would like to help support our programs and services, you can make a donation of cash/cheque or other items through our main office in Oshawa.

You can also make a donation over the Internet through our website – simply click the "Donate Now" button on the front page to. This method also provides you with a receipt (via Email).



Looking Ahead...

In the time ahead, the JHS of Durham has a desire to offer more low-cost and/or free programming to the residents of Durham.

We want to continue to make our services readily accessible to all persons of this growing community, which includes the desire to open new offices in Pickering and Uxbridge.

As use of the Internet has evolved into a part of many people's daily routine, we'll explore opportunities to deliver our services online. This could include the addition of a community job board where any employer will be welcome to share their job openings. Information on Housing Services workshops for landlords and tenants, and possibly housing lists. We're even looking at the possibility of delivering some workshops right online through live a chat room.

And if you're looking for an agency to lead a new initiative, or to partner with for an innovative new project, we're open to hearing about any idea that strengthens our clients. We have four decades worth of experience at bringing new ideas to fruition, from children's events, job fairs, and specialized workshops, to community awareness events, programs delivered in partnership, and grass roots outreach.

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Board of Directors

Gordon Brook [President]

Michael O'Neill [Vice-President]

Cliff Lehman [Treasurer]

Jim Adams

Abb Gilbert

John McCracken *

Hugh Peacock

Sandy Archibald

Gerry Stokes *

Ted Marks

Steve Gyorffy

* Retired

Special Projects

Alternatives to Suspension

As one of six pilot sites in the Province, this project, developed by the John Howard Society of Windsor, is a return to the elementary school system by our office after some years of absence. The University of Windsor oversees an evaluative component of this project.

Up to 120 grade 6 and 7 students will receive an inclass presentation on peer pressure, drug and alcohol abuse, stress and time management. Additionally, some 30 students, selected by the school, will benefit from a more intensive delivery of these topics in the form of a weekly group setting.

LEARN

Similar to the above program, LEARN is geared towards students at the high school level.

<u>SEEK</u>

Two summer career placement students developed the "Steps to Employment, Excellence and Knowledge" workshop in 2003. This flexible and fun series of skills enhancing workshops assists youth with understanding their responsibilities in their first job, how to make that first resume, and raises awareness about workplace safety, to name a few topics.

Trade Worx

A free workshop developed under the Employment Services programs, this engaging resource provides youth with clear answers and steps towards pursuing the Trades as a career.

Project X-Change

A harm reduction program dedicated to protecting the general public from blood-borne diseases that are transmitted by sharing of needles or indiscriminate disposal of infected items in public areas. The program provides access to sterile needles, syringes, and condoms, and also provides information promoting safer injection drug use, and information on safer sex to individuals involved in at-risk activities.

Project X is administered by the JHS of Durham, funded by the Durham Region Health Department, and delivered with the assistance of an advisory committee made of: Durham Regional Police Services, the YWCA, the Addiction Research Foundation, The AIDS Committee of Durham, Pinewood Centre, Colborne Residential Services, Destiny Manor, and Cornerstone Community Alternatives.

Residential Program

Available in Oshawa and Whitby, this structured, supportive environment for both men and women (primarily youth, though not exclusively) is designed to assist Residents with learning skills necessary to live independently in the community.

The program takes into account the individual needs of the clients by providing counselling in areas such as anger management, substance abuse, family and relationship problems, and taking responsibility for their own lives.

Volunteers, Staff & Community Partners

The work of the John Howard Society of Durham could not be accomplished without the support and assistance of our many volunteers, partners and funding providers. Each year, students and community members give their time to play a role within our agency in any given program, from Employment Services to Literacy and Counselling. It magnifies the ability of our outreach and service many times over, and we thank all of you who have been such an important part of our busy family.

Our partners in the region play the important roles of advisors, supporters, co-deliverers, and referral sources to name a few. No one agency can be an island of programming and expect to succeed and impact in the broader world. We applaud our partners for the strong ties and successes we've built together in Durham. You have much to be proud of!

Our funding supporters, such as the United Ways of Ajax/Pickering and the Whitby/Oshawa/Clarington have been important pillars in our structure for a long time, and we thank you for continuing to support our efforts. The Ministry of Training, Colleges and Universities, Ministry of Community, Family and Social Services, the Region of Durham, the Municipality of Clarington all have our gratitude for facilitating the financial resources needed to achieve our holistic service model. In encouraging an outcomes based delivery, we thank our funders for helping us to improve the way we help others.

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Message from the President & Executive Director

This past year has been particularly challenging as the agency weathered both a financial deficit and some staffing adjustments. More specifically, we worked very hard to keep pace with changes at the national, provincial and regional levels that have direct and indirect impacts on the way we do business.

Nationally, new privacy legislation has lead us to create our own privacy policy for enhancing the way we protect our client's and staff's personal information.

Provincially, we foresaw the goal of the Ministry of Training, Colleges and Universities to direct more youth to Skilled Trades. As a result we developed a range of resources and connected with skilled trades persons first-hand to simplify and clarify the process of apprenticeship for youth wishing to explore trades.

Regionally, we responded to the implementation of the Youth Criminal Justice Act (April of 2003) by establishing service agreements with local law enforcement agencies. All youth falling under extra judicial measures will initially be assessed through our resources, and then be referred to a suitable program or service on a case by case basis.

Throughout the year our staff maintained a client-centred approach through excellent teamwork and flexibility. We're looking forward to the new challenges and opportunities of 2004 to working with all our funders, partners and the community as a whole.

Gord Brook, President W.J. Fry, Executive Director A free skills upgrading service, participants can use the Learning Alternatives program to improve their reading, writing, or math skills at their own pace.

Content is individualized and each client receives one to one assistance from staff. As the participant progresses, revision and re-assessment of their plan of action is undertaken to encourage a positive outcome.

Pardons Processing/Inmate Pre-Release

Having a criminal record is increasingly becoming a barrier for people looking for employment, applying for a visa to work in another country or even simply to volunteer their time with a community agency. It is strongly advised that those with criminal records obtain a pardon as soon as they are eligible. Our staff can assist with the application process, but no agency can claim to be able to make this process faster as the assessment is in the hands of the National Parole Board.

As a result of the Whitby Jail closure in November of 2002, JHS Durham does not currently undertake inmate counselling/services in a local jail facility. *Staff are still involved in inmate pre-release planning for those individuals returning to our community.*

As part of the JHS Provincial Network, institutional visitors from JHS branches where institutions are located regularly visit with inmates for pre-release planning at the request of the inmate.

Job Connect / Summer Jobs Service

Thousands of unemployed and under-employed persons are assisted each year by this freely accessible employment services system.

Job Connect is for youth aged 16 to 24 that are out of work and school, and not eligible for Employment Insurance or WSIB benefits. Clients can benefit from access to an employment counsellor who will provide career direction, objective input and assistance with a resume, information on job leads, and skills upgrading options and more.

Summer Jobs Service is for youth aged 15 to 24 (up to 29 for persons with disabilities) that plan to return to school in the fall. Participants have the same benefits as with Job Connect, but with this service employment opportunities have already been developed with a wide variety of employers in the community. The student need only register in the program to be able to apply to a job of their choice.

Employment resource centres in each office are open to *any* job seeker. Clients are welcome to use the high speed Internet access, fax, photocopier, job boards, templates, guides and employer directories and can draw upon the resource room counsellor for some assistance.

In 2004, a number of employment services will be brought online to the JHS website, including program registration, a job board, and employer satisfaction surveys.



Ajax



Bowmanville

Finance Statement– Auditor's Report

To the Board of Directors John Howard Society of Durham Region

We have audited the statement of financial position of John Howard Society of Durham Region (Core Program) as at December 31, 2003 and the related statements of changes in net assets, operations and cash flows for the year then ended. These financial statements are the responsibility of the organization's management. Our responsibility is to express an opinion on these financial statements based on our audit.

Except as explained in the following paragraph, we conducted our audit in accordance with the Canadian generally accepted auditing standards. Those standards require that we plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. And audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In common with many charitable organizations, the organization derives part of its revenue from donations and fundraising events the completeness of which is not susceptible of satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the organization and we were not able to determine whether an adjustments might be necessary to donation and fundraising revenues, excess of revenue over expense, assets and equity.

In our opinion, except for the effect of adjustments, if any, which might have been determined to be necessary had we been able to satisfy ourselves concerning the completeness of revenue referred to in the preceding paragraph, these financial statements present fairly, in all material respects, the financial position of the John Howard Society of Durham Region (Core Program) as at December 31, 2003 and the results of its operations for the year then ended in accordance with Canadian generally accepted accounting principles.

Oshawa, Ontario March 22, 2004 Smith & Runcini
Chartered Accountants

Housing Services

Originally known as "Access to Affordable Housing", this program has evolved into range of services for both tenants and landlords.

- Registry of Landlords (with rooms, apartment & homes for rent)
- Assistance with and Access to Applications for Subsidized Housing
- Out of Town Housing
- Assistance with Accessing Durham Social Services
- Transportation assistance
- Advocacy with the Landlord
- · Referral to legal clinic and food banks
- · Tenant rights information
- Life-skills counselling and budgeting assistance
- Information about low cost household furnishings, appliances, bedding, and clothing
- Assistance applying for personal identification documents
- Eviction Prevention/Tribunal Resources Workshop provided
- · Participates in the Jail Visitation Program
- Initiate and Participate in fundraising events for various agencies
- Provides housing information, support, referrals, and advocacy by phone from the JHS Office.

Firehouse Youth

Initiated in February of 1998, the Firehouse Youth Centre is administered by the JHS and overseen by the Clarington Youth Advisory Committee. It provides a safe recreational alternative to teens hanging out on downtowns streets.

To date the centre has approximately 200 members who are free to participate is socially accepted and adult supervised activities such as foosball, basketball, video games, ball hockey, weight lifting, board games, computer lab, youth focused workshops, dances, concerts, karaoke, youth committee and fundraisers as well as summer programming and outings. The youth also have access with staff assistance to all other JHS services.



Finance Statement

For the year ended December 31,	2003	2002
Revenue		
United Way grants	\$345,245	\$328,846
Programme revenue (note 6)	242,521	260,413
Other programme revenue	34,252	36,580
Project X (needle exchange)	55,000	55,000
Bingo – net	50,932	60,782
Other receipts	22,169	16,584
Donations (including Deferred Contributions) (note 1)	5,409	19,915
Interest	4,273	663
	759,801	778,783
Expenses		
Salaries and benefits	383,297	552,746
Staff training	1,004	17,774
Travel	3,743	5,392
Project X (needle exchange)	56,248	57,921
Occupancy (note 8)	46,834	47,528
Mortgage interest	16,635	13,905
Insurance	(1,934)	5,786
Telephone	16,608	14,205
Office	5,991	10,998
Office equipment and maintenance (note 1)	8,463	52,125
John Howard Society of Ontario	32,608	30.142
Meetings and promotion	3,719	3,594
Professional fees	19,085	14,608
Client assistance	353	316
Amortization	12,803	9,635
Miscellaneous	3,336	3,519
	608,793	840,194
Net Operating Results	<u>\$151,008</u>	<u>\$(61,411)</u>

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2003 Success Items

- The 4 employment resource centres had over 25,000 visitors
- Over 1,800 students accessed the Summer Jobs Service program between April and August
- Over 40,000 used needles received as part of Project X-Change for safe disposal
- The Active Parenting program served nearly 100 participants
- JHS Durham became the Ontario "Trainthe-Trainer" for Active Parenting
- We have agreements with Durham Regional Police and the Ontario Provincial Police to provide assessment and referral services for all youth that become involved with in Extra Judicial Measures within our region.

D.A.D.S.

The D.A.D.S. program began in 1995, as a direct result of a need identified by men in the community. Several men expressed similar requests for a support group that would offer them counselling as well as peer support in relation to issues pertaining to their children and significant others. At the suggestion and with the assistance of a single father who was unable to locate services specific to his particular needs, JHS agreed to establish this program. The first group meeting was held June 1, 1995 and was facilitated by this father and assisted by a JHS staff member.

Mission Statement:

To support and strengthen the capacity of dads who are suffering from experiences related to separation, divorce and loss.

Purpose:

To enhance father-child involvement, strengthening families and communities by providing information, support, counselling services in an environment of mutual aid to dads after separation and divorce.

Services Include:

Group participation Individual support counselling Recreational outings Guest speakers Special events

Counselling Services

Qualified professionals provide individual and group counselling on a confidential basis.

Current areas of support:

Anger Management
Stress & Anxiety
Support Counselling
Relationship Counselling
Substance Abuse Counselling
Family Counselling
Separation/Depression
Suicide Crisis Intervention
Women's & Family Counselling
Bereavement Counselling
Court Support
Client Advocacy

Service also includes written reports and letters for the court if requested.



Programs & Services 2003

In 2003, the JHS continued to deliver the following programs and services to the community.

- ★ Active Parenting
- → Anger Management (Youth & Adult)
- → Counselling Services
- → D.A.D.S. (note acronym change)
- ★ Firehouse Youth
- → Housing Services (note name change)
- → Job Connect/Summer Jobs Service
- ★ Learning Alternatives
- → Pardons Processing/Inmate Pre-Release
- → Project X-Change

Residential Program

Additionally these specialized projects were also undertaken during the year.

- → Alternatives to Suspension (Pilot Project)
- → LEARN (Pilot Project)
- → SEEK (Summer Career Placement Project)
- → Trade Worx

Active Parenting

An 8-session group workshop teaching communication skills which parents can use for the rest of their life - and more importantly, teach to their children.

Participants discover how to eliminate power struggles with discipline skills that really work, such as the "method of choice." Each also learns how to develop their children's pride and inner strength, to teach them a true sense of responsibility, and other important skills.

Current program configurations:
Parents of children aged 5 - 12
Parents of teenagers
Teens and Parents together
Co-operative Parenting and Divorce



Anger Management

A ten-week program providing 25 hours of group process to help individuals to better understand their anger. Participants also become aware of productive anger management techniques and how to enter into conflict resolution in a positive manner. A certificate of achievement is awarded upon completion.

Program Goals:

- Provide the opportunity to learn productive anger management techniques.
- Provide a safe, non-threatening, learning environment.
- Educate participants on community resources.
- Encourage impulse control, personal achievement, self-confidence and higher self-esteem.

Program Objectives:

- Increase the understanding of the positive and negative functions of anger.
- Expand participants understanding of the external and internal "triggers" to anger.
- Explore how thought process affects behaviour.
- Distinguish participants' personal styles of anger.
- To identify community based services/support systems, their functions and how to access them.